

Grandfather Mountain Stewardship Foundation

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FOR IMMEDIATE RELEASE

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Ryan Hastings named Track & Field Athlete of the Highland Games

GRANDFATHER MOUNTAIN, N.C.—Ryan Hastings ran away with the Track & Field Athlete of the Grandfather Mountain Highland Games Award — literally.

The Raleigh, N.C., speedster won the 100-, 220- and 440-yard dashes, as well as the 880 and mile runs, on Saturday, July 14, at the 63rd Grandfather Mountain Highland Games.

Hastings' 440, 880 and mile wins were the most exciting races the Games audience has seen in years. He defeated Aaron Hale, also of Raleigh, by one second in the 440-yard dash, two seconds in the 880-yard run and two seconds in the mile run. Thus, a total of five seconds determined the outcome of three long races.

Christian Carswell of Morganton, N.C., tried to jump ahead of Hastings in the Athlete of the Games competition, but ran out of events. Carswell won the long jump, triple jump and high jump to go with his second-place finishes in the 100 and 220-yard dashes.

Men's Results

100-Yard Dash

1. Ryan Hastings (Raleigh, N.C.) – 10.6 seconds
2. Christian Carswell (Morganton, N.C.) – 11.12
2. Ryan Towler (Florence, S.C.) – 11.12

220-Yard Dash

1. Ryan Hastings – 26.97 seconds
2. Christian Carswell – 27.88

440-Yard Dash

1. Ryan Hastings – 1:09
2. Aaron Hale (Raleigh, N.C.) – 1:10

880-Yard Run

1. Ryan Hastings – 2:31
2. Aaron Hale – 2:33

Mile Run

1. Ran Hastings – 5:24
2. Aaron Hale – 5:26

Two-Mile Run

1. Aaron Hale – 11:32:6
2. Lee Bradley (Charlotte, N.C.) – 13:12

Pole Vault

1. Alan Cox (Johnson City, Tenn.) – 9'0"
2. Johnnie Dye (West Union, S.C.) – 8'6"

Long Jump

1. Christian Carswell – 18'10½"
2. Jon McKinney (Winston-Salem, N.C.) – 16'

Triple Jump

1. Christian Carswell – 39'4½"
2. Jon McKinney – 37'8½"

High Jump

1. Christian Carswell – 5'6"
2. Jon McKinney – 5'4"

Women's Results

100-Yard Dash

1. Heather Capps (Asheville, N.C.) – 13.82 seconds
2. Julia Parr (Johnson City, Tenn.) – 14.34

Mile Run

1. Sarah Slavik (Buford, Ga.) – 6:53

Long Jump

1. Carissa Chambers (Johnson City, Tenn.) – 11'10"
2. Karson Woodie (Lenoir, N.C.) – 10'8"

Triple Jump

1. Carissa Chambers – 24'4"
2. Kelly Cawley (Johnson City, Tenn.) – 19'2½"

Pole Vault

1. Julia Parr – 8'6"
2. Heather Capps – 8'2"

The 63rd Grandfather Mountain Highland Games took place July 12-15 at Grandfather Mountain in Linville, N.C. To learn more about the Highland Games, visit www.gmhg.org.

The not-for-profit Grandfather Mountain Stewardship Foundation strives to inspire conservation of the natural world by helping guests explore, understand and value the wonders of Grandfather Mountain. For more information, call (800) 468-7325, or visit www.grandfather.com to plan a trip.

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