

Grandfather Mountain Stewardship Foundation

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FOR IMMEDIATE RELEASE

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Newcomers named GMHG Track and Field Athletes of the Games

First-time competitors Jordan Lake and Amanda Gregory offered standout performances Saturday at the Grandfather Mountain Highland Games, earning the title of Track and Field Athletes of the Games.

Lake, 35, of Asheville, said he had not competed in sprinting events in more than 11 years before a friend talked him into attending the Highland Games this weekend. A previous collegiate track athlete for Grand Valley State University, he said it was a different experience to run on the loose sand track among bagpipers and kilts.

He turned in outstanding finishes in the men's 100-yard dash (Masters), the 220-yard dash (Masters), the 440-yard dash (Masters) and the 220-yard dash.

"The shorter the event, the more fun I have," said Lake, who associates with Clan Bruce. "It was a great chance to relive the glory days."

It was also a weekend of firsts for Amanda Gregory, 20, of Wilmington, the female Track and Field Athlete of the Games. Gregory, a sprinter for High Point University, said she had yearned to compete in the Games for years, as her family has a second home in Boone, but couldn't make the timing work until this year.

She shined in the competition, finishing first in the women's 100-yard dash, 220-yard dash and long jump. She considered the 100-yard dash her best performance.

"I just felt fast today," Gregory said. "I just like that quick race."

Gregory said she enjoyed the entire atmosphere of the Highland Games and the chance to compete alongside her sister, who won the high jump event.

TRACK AND FIELD RESULTS

MEN'S MASTERS

100 Yard Dash - Masters

1. Jordan Lake (Asheville, N.C.) – 00:11.34
2. Jamie Tyler (Knoxville, Tenn.) – 00:12.30

220 Yard Dash - Masters

1. Jordan Lake (Asheville, N.C.) – 00:25.00
2. Kendall Shirley (Rock Hill, S.C.) – 00:28.30

440 Yard Dash - Masters

1. Jordan Lake (Asheville, N.C.) - 00:55.00
2. Shawn Roberts (Boone, N.C.) - 1:12.00

MEN

100 Yard Dash - Men

1. CJ Wells (Unicoi, Tenn.) - 00:11.34
2. Ben Powell (Mill Spring, N.C.) - 00:11.75

220 Yard Dash - Men

1. Jordan Lake (Asheville, N.C.) - 00:25.00
2. Kendall Shirley (Rock Hill, S.C.) - 00:28.30

440 Yard Dash - Men

1. Aaron Hale (Raleigh, N.C.) - 1:05
2. Kendall Shirley (Rock Hill, S.C.) - 1:06

880 Yard Dash - Men

1. Aaron Hale (Raleigh, N.C.) - 2:29
2. Miles Housley (Warrenton, Va.) - 2:33

1 Mile - Men

1. James Zeutmeyer (Odessa, Fla.) - 4:52.92
2. Aaron Hale (Raleigh, N.C.) - 5:32

2 Mile - Men

1. James Zeutmeyer (Odessa, Fla.) - 11:52
2. Aaron Hale (Raleigh, N.C.) - 11:53

Triple Jump - Men

1. CJ Wells (Unicoi, Tenn.) - 36' 9.5"
2. Thomas Randolph (Richmond, Va.) - 34' 2.75"

Long Jump - Men

1. CJ Wells (Unicoi, Tenn.) - 17' 1"
2. Tom Randolph (Richmond, Va.) - 16' 0.5"

Pole Vault - Men

1. Hunter Hall (Williamsburg, Va.)
2. Hudson Hall (Portland, Texas)

WOMEN

100 Yard Dash - Women

1. Amanda Gregory (Wilmington, N.C.) – 00:11.86
2. Shannon Smith (Linville, N.C.) – 00:12.40

220 Yard Dash – Women

1. Amanda Gregory (Wilmington, N.C.) – 00:28.25
2. Shannon Smith (Linville, N.C.) – 00:29.30

440 Yard Dash – Women

1. Shannon Smith (Linville, N.C.) – 1:07.50
2. Loren Smith (Brevard, N.C.) – 1:17.00

880 Yard Dash – Women

1. Terrill MacGregor (Tampa, Fla.) – 2:47
2. Mary Chesnut Smith (Banner Elk, N.C.) – 3:06

1 Mile – Women

1. Abigal Motley (Virginia Beach, Va.) – 5:40
2. Mary Chesnut Smith (Banner Elk, N.C.) – 6:29

2 Mile – Women

1. Terrill MacGregor (Tampa, Fla.) – 13:37
2. Kaitlin Maison (Iron Station, N.C.) – 18:07

Triple Jump – Women

1. Shannon Smith (Linville, N.C.) – 29' 6.5"
2. Natalie Jordan (Gastonia, N.C.) – 29' 5.75"

Long Jump – Women

1. Amanda Gregory (Wilmington, N.C.) – 14' 11"
2. Kate Gregory (Wilmington, N.C.) – 12' 9"

High Jump – Women

1. Kate Gregory (Wilmington, N.C.) – 4' 8"
2. Lauren Patterson (Seymour, Tenn.) – 4' 6"

Pole Vault – Women

1. Bonnie Smith (Brevard, N.C.) – 8' 6"

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ATTACHMENT: Jordan Lake of Asheville and Amanda Gregory of Wilmington cradle trophies recognizing them as Track and Field Athletes of the Games on Saturday at the Grandfather Mountain Highland Games. Skip Sickler | Grandfather Mountain Stewardship Foundation.